Hey there and thank you for watching this video!

This is Chapter 3 of the Master Techniques Video Series by Patching Protocol.

I hope you’ve enjoyed the 2 previous chapters of this new Video Series

I’m Gabriel Diaz Enrico, welcome back

This Chapter is call “12 Points Technique”

One of my favourite patching techniques All Time and you will soon know why I say that…

so, here we go…

Back in the 60’s a Chinese Neurologist who was treating cases like neuro-paralysis of the upper limbs and other cases related to his field, discovered through a lot of experimentation that the tissues around our Ankles & Wrists share a connection with specific vertical and horizontal zones of our whole body.

In other words, he discovered that by stimulating just 6 Points located at our Ankles and 6 points located at our Wrists, we can treat common diseases of different areas of the whole body…

What about that…
Now, the huge advantage of this technique is the wide range of applications, because it can be used to treat a variety of pains as well as other more complex conditions like mental diseases and neuropathy.

We will look shortly more details about the specifics…

So, I hope you are exited as I was when I came across this technique almost 2 years ago…

Now, let’s start with the basic information for you to have an idea of the potential of this technique…

Our body is divided into 6 Different Zones:

For example

Zone #1 covers the front mid line of the body, from top to bottom, as you can see here, from the top of the head and as wide as the border of both eyes, including the forehead, eyes, nose, mouth, front teeth, tongue and throat in the head area, the trachea, oesophagus, and heart in the neck and chest area, and the upper abdomen, then, umbilicus, lower abdomen, uterus, urinary bladder and perineum in the abdominal region.

So, any condition related to Zone #1 could be for example, frontal headaches, eye issues in general, nasal obstruction, trigeminal neuralgia, frontal toothache, pharyngitis, stomach ache, dysmenorrhea, just to name a few conditions here…

But don’t worry because, below this video you have all the information step by step including each zone pretty much in detail and the list of conditions for each zone…
What I want to really talk about in this video is how we can start patching with this technique…

The first thing to take note is that our body is separated by a line below our chest:

So, any condition that we can identify at the upper side or above that line, belongs to the Wrists and anything below that line belongs to the Ankles…

That simple…

The 6 Points at the upper body are located just 2 fingers above the Wrists

and the 6 Points at the lower body are located just 3 fingers above the Ankles

and as you can see, each point has a number from 1 to 6, each side, upper and lower

Now, right here is where fun begins…

Let me tell you about my personal case, and this is a very quick recap of the major stuff I used to have:

From top, I started to develop Alopecia a couple of years ago

that is Upper Zone #1, right at the Top

Then, Eczema around my Nose and chest and several areas, as well as constant sinus so, both of those Eczema and Constant Sinus also belong to Upper Zone #1.
I also had constant Back Toothache pain and general back tooth issues, and that belongs to Upper Zone #2…

Coming down, all kind of digestive discomfort issues and abdominal pain mostly as well as spasms on my right calf and that’s Lower Zone #1…

lastly, Lumbago and Sciatica

and that’s Lower Zone #6

I took a piece of paper and I jotted all that down:

Upper Zone #1 & 2

Lower Zone #1 & 6

If you go through the same process of writing in a piece of paper all the issues you have right now according to each zone, you will see that most stuff you have will most probably be consistently under one or just a couple of Zones… so, that’s what we have to pay attention

so, when I started patching myself, I put more emphasis on Upper and Lower Zone #1 for example and more towards my right side, because that’s where I had the main issues I wanted to work on…

I started patching Zone #1 first, Upper 1 points at both sides, White to right and Tan to left…

and also Lower 1 points at both sides, White to right and Tan to left…
I used Energy Enhancer for General Issues like, Eczema, Alopecia etc

and Ice Wave for Pain issues like, abdominal pain and Calf Spasms.

I tested that for a couple of days and then I started connecting the Zones:

I placed a White Energy Patch at Upper Zone #1 on my right and I placed the Tan Energy Patch at Lower Zone #1 also on my right for example, and that’s because I wanted to connect both Zones together…

Then, I started mixing Y-Age patches and also SP6 Complete…

But before we continue let me do a little recap here:

If you remember at Chapter #1 of this Master Techniques Series I started talking about identifying our own Imbalances…

Well, this is the easiest and most intuitive way to look into imbalances by paying attention on which areas or zones in our body are having issues…

Next, if you remember, we have Chapter #2 and how we can use the Tools we have in hand to apply according to how we feel…

I personally use Energy Patches to stimulate and move the Energy at the zones which I know now are affected…

If I have pain on those areas, I test by using Ice Wave
instead, but sometimes, with Energy patches I get similar results…

You will have to test it for you own cases…

Then I try to “Initiate” Sedation or Detoxification or Recovery for example So, AEON, Glutathione and Carnosine come handy…

and lastly I always like to “Tune” my Energy while I’m stimulating or moving it so, SP6 Complete is an essential tool for me…

How do I apply them?…

and the answer is:

**It Depends**…

Initially I like to use the Initiators or Tuners to “Ride” along with the Energy Flow from the Source or the starting point so, I place them over the Energy or Ice Wave Patches at my Ankle or Wrist…

Let me explain…

To me it’s like once the Flow is Activated by the Energy patches for example, the Initiators and Tuners move along that flow… and start their work covering all areas where that flow goes…

But if I’m interested to work at a Specific Area, then I apply the Initiators and Tuners at the Mid Line of the body or Locally…
Let me give you an example:

One of the main issues I faced for years and that is actually one of the main issues almost everyone faces today is Digestive Issues...

I’m talking in General...

Well I know now that the Lower Zone #1 could be “Out of Tune” so, I place 1 set of Energy patches on Lower 1 Point (WRTL), plus AEON, Glutathione & Carnosine, all patches Stacked over the same point I place the Energy White at the right side, and lastly SP6 Complete over the Energy Tan at the left side...

I run that for a day or two, because I’m looking at “Activating” the Energy Flow of the Zone #1 and also “Initiate” Sedation, Detoxification, Recovery and Tuning, all at the same time...

Then, a couple of days later, I change my strategy by placing again 1 set of Energy patches on Lower 1 Point (WRTL) but at this time,

I place AEON 3 fingers above my umbilicus,
Glutathione 3 fingers at the right of the umbilicus,
Carnosine, 3 fingers below,
and SP6 Complete 3 fingers at the left...

Creating a 4 Points Star or a Diamond, depending how you look at it...

Now, I like to think I’m working the Energy Flow through the right Zone I want to, which in this case is through Zone #1 specifically, plus all the Initiators and the Tuner locally,
which in this example is around my Umbilicus or at the digestive area…

Can I do a simple approach by using just Carnosine for example?, which I know has great result in digestive issues, of course, I place it over the Umbilicus.

Could I add AEON if I feel like I need it for Sedation?…

Of course, I place it over the Carnosine patch or any other place along the midline that I feel I need some sedation for example at CV12…

So, I really hope you can see the potential of this New Technique and all the mechanics and possible variations I’m introducing here…

In short, I pick and choose my tools according to what my body tells me, but the big difference is, that I know now which zone to patch exactly to move Energy and overcome any possible blockage or Lack Of Free Flow at those Zones…

Well, I could go on and on, talking about variations and new options applying just this technique alone, but I guess that I’ll leave it here by now, let you digest all this information, identify your own Zones according to all the information listed below, you should run some tests on your own and then we can continue the conversation…

I would really love your comments at this page so, everyone can benefit from it, try to ask questions related to this particular technique so the thread is sort of clean and just focus in this subject…
And if I have to shoot extra videos in future with more examples and variations, I would love to do that so, let’s see together where we go from here…

Alright, the last thing I wanted to add is:

You have this video here, then right below you have the whole 12 Points Technique explanation in detail and also you have the transcription of this whole video in pdf format for you to download and perhaps print and read along the video if you need that…

So, Thank you very much for being here…

This was Master Techniques Video Series Chapter #3 and the 12 Points technique.

If you have a Comment, you know what to do, please just leave it at the Comment Box or if you’d like to send me an email, you can do that as well…

and I will see you back again in Chapter #4 and the next Master Technique called:

**Dynamic Balance Technique**

And I will introduce to you a whole new concept called “Dynamic Patching”…

Extremely Powerful Stuff…

So till then…

Thank you Very Much, Bye Bye!